

Backcourt Pressure: 5th Grade Boys & Girls

This is an attempt to clarify the backcourt pressure rule as it applies to 5th Grade.

No backcourt pressure is allowed for any ball that is being in bounded. This would apply to after a made basket, free throw, held ball, traveling violation, etc. Also, in the event the player is in bounding the ball from the frontcourt they can throw the ball into the backcourt without any pressure being applied.

Pressure can be applied by the defense on any missed basket or steal in the opponent's backcourt.

Exceptions:

Backcourt pressure can be applied in full during the last two minutes of the game.

Team has a fifteen point lead-no backcourt pressure of any kind can be applied. This means that if the player secures the ball by a rebound or steal and is losing by 15 points or more the other team must back off and play defense after the ball has crossed the mid court line. When the lead goes under 15 points they then can pressure on rebounds and steals.