

Notre Dame Don Bosco Basketball League

OFFICIAL LEAGUE RULES AND REGULATIONS

1. Rules:

- a. The Notre Dame Don Bosco Basketball League shall use the current High School Basketball Rules published by the National Federation of State High School Associations as modified by the Wisconsin Interscholastic Athletic Association and the League.
- b. The League adheres to the "Policies and Regulations for Athletics" as published by the Milwaukee Archdiocesan Athletic Policies 6145-6145-28, and all interpretations of those rules as governed by the Office for Schools, Child and Youth Ministries. **School's responsibility to understand & comply to rules** and by entering teams in the league, the league presumes all rules will be followed and enforced.

UNIQUE CLOCK RULES TO THE LEAGUE.

CONTINUOUS CLOCK for 5th grade and for 7th & 8th grade teams in the Don Bosco and Cousins Divisions.

CLOCK STOPS FOR SUBSTITUTIONS, 2-SHOT FREE THROWS, (Foul in-act-of-shooting), TIME-OUTS, AND THE LAST TWO MINUTES OF GAME. CLOCK DOES NOT STOP FOR ROUTINE VIOLATIONS.

2. Playing Time:

- a. **Games shall be played in six-minute quarters with intermissions of one minute after the first and third quarters, and five minutes between halves. See unique rules for running clock above.**
- b. There shall be a minimum of five minutes between games.
- c. If the score is tied at the end of the fourth quarter, two-minute overtimes will be played until a winner is determined. There shall be a one-minute intermission before each overtime. **One 60-second time out per team per overtime.**
- d. If the margin is **17** points or more in the fourth quarter, there shall be a continuous clock for the remainder of the game. The clock stops only for free throws and time-outs.
- e. ***Referee has discretionary authority as to rules b and d stated above. (May run clock if game is out-of-reach and time is a factor in the fourth quarter at any time.)***
- f. 5th and 6th grade are considered developmental leagues. Teams are encouraged to split into smaller teams to encourage more playing time. The League strongly suggests that team policy and coaches recognize this and encourage equal playing time whenever possible during League play especially in games where the outcome is recognized early in the game.

3. **Conduct of Players, Coaches, Bench Personnel and Spectators:**

- a. A maximum of four non-players are allowed on a team's bench.
- b. Coaches, adult bench personnel and adult spectators are expected and required to set a good example by showing respect for game officials and their decisions. Any objectionable language, gestures, facial expressions, actions or conduct directed or implied toward a game official is subject to an immediate issuance of a technical foul or bench technical **with or without any warning.**
- c. **One** coach may stand directly in front of the team's bench area to issue instructions to the team. THIS MEANS STANDING IN FRONT OF THE SEATED PLAYERS AND DOES NOT MEAN WALKING FROM THE END LINE TO THE DIVISION LINE. If, while standing, a coach makes any type of inappropriate gesture or comment directed toward a game official, scorekeeper, or timer, that coach might be assessed a technical foul. Coaches lose the privilege to stand if any bench personnel are charged with a technical foul. **Game official(s) may instruct the coach to sit down**

at any time and revoke the allowance to stand to in front of the bench.

- d. Players, coaches, or bench personnel who use profanity directed toward an official during a game shall be charged with a flagrant technical foul. Under National Federation Rules, the penalty for a flagrant technical foul includes disqualification (ejection) of the offender. In addition, the coach must immediately report the incident to the respective Athletic Director who must then contact the League Director for further discussion and possible suspension.
 - e. Coaches or adult bench personnel disqualified from a game must leave the gym immediately. A team parent must assume coaching duties if the coach is disqualified and no assistant coach is present.
 - f. Coaches, players, or bench personnel disqualified from a game, may receive suspensions beginning with that team's next League game. Suspensions will be reviewed by the League Director and can be issued, extended, or postponed at the discretion of the League Director or Assistant League Director. The coach must report any disqualification and circumstances to the Athletic Director who will contact the League Director, (Collopy) for further action.
 - g. Whenever coaches, players, or adult bench personnel are disqualified because of unsportsmanlike conduct, **game officials shall submit a report to the league director via: phone, email, fax/letter.**
 - h. **Spectators are invited guests of the league and the host parish-school program. Spectators, like coaches, are expected to set an example for the children playing the basketball game. Cheering is encouraged. Shouting instructions to sons or daughters who are participating, booing opposing players or calls, making boorish, caustic, or inflammatory remarks or any kind to game officials, other officials, or opposing players is not conducive to good sportsmanship and will not be tolerated. Referees will assign bench technical fouls and the league is encouraging and supporting game officials to make these calls against spectators who cannot control their emotions. This means two free throws and loss of the ball.**
 - i. Spectators who verbally or physically attack any person prior to, during or after the game will be ejected from the site.

School Athletic and League Director(s) will determine if additional sanctions are required and may include denial of admittance to future games.
 - j. It is the Athletic Director's responsibility to inform all spectators, players, and coaches of the rules and regulations of the Notre Dame Don Bosco Basketball League.
4. **Backcourt Pressure: 5th grade boys and girls.**
- a. **For fifth grade teams, no backcourt pressure is allowed for any ball that is being in bounded.** This would apply after a made basket, free throw, held ball, traveling violation, etc. Also, in the event that the player is in-bounding the ball from the frontcourt, they can throw the ball into the backcourt without any pressure being applied. Pressure can be applied by the defense on any missed basket or steal in the opponent's backcourt. Backcourt pressure can be applied in full during the last two minutes of the game.
 - b. **If any team has a 15-point lead, no backcourt pressure of any kind can be applied. This means that if a player secures the ball by a rebound or steal and his or her team is losing by 15 or more points, the other team must back off and play defense after the ball has crossed the mid court line. If the lead falls below 15 points, the winning team can then pressure on rebounds and steals.**
 - c. All levels: a team with a lead of 15 points or more may not apply any defensive pressure in the opponent's backcourt and must retreat to the opponent's frontcourt once an opponent clearly secures possession of the ball. A technical foul may be assessed against the offending team's head coach for repeated violations of 4(a) or 4(b). The referee may overrule and disallow a basket created by backcourt pressure by a team with a lead of 15 or more points.

5. **Uniforms:**

No technical fouls shall be issued for wearing illegal team shirts or pants, or illegal numbers. Any uniform is acceptable provided differentiation can be maintained between teams. T-SHIRTS-SEE 13.F Under shirts must be the basic color of the uniform. Game Official has final determination.

6. **Game Ball:**

5th grade boys will use a women's ball. (Circumference between 28.3 and 29 inches; weight between 18 and 20 ounces).

7. **Free Throw Line:**

For 5th grade girls, the free throw line shall be moved 18 inches closer to the basket.

8. **Protests:**

The League will not recognize any protest unless it relates to player eligibility. The Athletic Director must submit protests regarding player eligibility in writing to the League Director. The League Director must receive protests within the League's season.

9. **Forfeit Fee and Re-Scheduling Fees:**

A team that forfeits a league game or any scheduled cross over games with the North Shore League will be assessed a \$25.00 fine for the first occurrence and \$50.00 for any subsequent occurrence. These fees, when applicable, will be paid to the gym where the game was intended to be played. In the event that a team drops from the league, is added to the league, or requests a change that is accepted by the league, and this occurs after the particular division is scheduled, the team will be assessed a \$100.00 fee. This fee will cover the time to review, analyze, and then revise the schedule as required.

10. **Parishes entering multiple teams in one grade:**

- a. 5th and 6th: a parish, which enters more than one team in one grade, must divide the talent as equally, as possible and encourage equal play.
- b. 7th and 8th: a parish which enters more than one team in one grade may divide the talent into a A team and B team(s) that is less competitive than the A Team. The A Team must clearly have superior talent when compared to the B team(s). The league will determine where teams play and all coaches and Athletic Directors are encouraged to attend the annual seeding meeting in order to assist the league in placement of teams. The league recommends that in 7th grade for those school-parish programs that enter more than one team in one grade, a tryout is held to ensure the proper distribution of talent. The division of talent must be easily recognizable.
- c. Team tryout may not be held prior to November 1st and the tryout is considered the first practice and the beginning of the team's season. (See Archdiocesan Rules and Regulations.)
- d. 5th and 6th grade teams that have more than one team are encouraged to have a tryout to insure that teams are split equally in both 5th and 6th grade. If there is an early imbalance in the two teams' records, the League may insist in changes to team personnel. This should be discussed and reviewed with the League Director, and if changes are to occur, this should be accomplished by January 1st of that basketball season's year.

11. **The host parish is responsible for making all visiting teams and spectators feel welcome at their facility and should make sure teams are aware of the location of any dressing rooms and restrooms. In addition, the host team-parish is required to provide:**

- a. Competent scorekeeper and timer; both the scorekeeper and timer must understand their responsibility, understand the requirements of their respective jobs, and be willing to give their undivided attention to those jobs. The score table must be kept clear of potential distractions such as

- televisions, tape players, compact disc players, cell phones, and friends.
- b. Adult supervisor (considered a site official) to assist in game management, including crowd control. This person should greet game officials and visiting coaches.
- c. Appropriate game ball.
- d. Scorebook, which is provided by the League.
- e. Alternate colored jerseys if needed. It is recommended that each gym have available two sets of at least 10 mesh jerseys. The two sets should be of contrasting colors. Original uniform numbers should be clearly visible through the jersey, making it unnecessary to put numbers on these jerseys.
- f. Place for officials to dress, which is not accessible to spectators.
- g. A phone that can receive incoming calls.
- h. Ice packs, bandages and protective gloves to address sprains, cuts and other injuries.
- i. A copy of the League Rules and the Archdiocese Rules and Regulations. **Please Post.**

12. Cheerleaders:

Cheerleaders are welcome, but they must stay clear of sidelines, endlines and the area behind the basket. Pom-poms are not permitted.

13. Miscellaneous:

- a. Gyms will have some practice balls for warm-ups, but it is recommended that coaches have one or two balls for warm-up.
- b. All games will be played. If there is a weather problem or cancellation, please check the web page. Cancellations will be posted on the website by 6:15 AM the day of the game. It is possible to cancel morning games and then play in the afternoon. The web site will have the information. The official web site is www.nddbbb.org. Cancelled games will only be played if 1) Gyms are available and 2) League Standing and award could be affected. However, the League will determine what games, if any, will be re-scheduled.
- c. Athletic Directors must have in their files a parent consent form, and a medical fitness certification signed by a physician. These forms must be made available if requested by the league for league inspection. If forms are not on file, teams may forfeit all games played until forms are completed.
- d. All players must be covered by a personal injury policy. Athletic Directors are responsible to see that parents indicate this on their consent forms. The league is a voluntary, non-profit operation, and does not have funds to pay for insurance. Each parish should inform parents of players competing in our league that there are inexpensive forms of insurance protection available in the case of personal injuries that occur while participating in sports. If they do not have a personal injury policy, they should contact the school or insurance companies for information on rates and coverage.
- e. **Awards: The league will identify 1st, 2nd and 3rd place teams. The League will provide a Notre Dame Don Bosco Champions T-Shirt to all first place teams. 2nd and 3rd place awards is the parish-school's responsibility.**
- f. **UNDERSHIRTS-TSHIRTS MUST MATCH PREVAILING TEAM COLORS. GAME SITE OFFICIAL WILL MAKE THE CALL AND FOLLOW EXISTING HIGH SCHOOL RULES. IF IN DOUBT, DO NOT ALLOW YOUR PLAYERS TO WEAR T-SHIRTS. GAME SITE OFFICIAL WILL DETERMINE WHAT IS AND IS NOT LEGAL. THERE MAY BE DIFFERENCES OF OPINION BASED ON THE OFFICIAL AND THE ON-SITE OFFICIAL MAKES THE CALL.**

14. Schedules / Standings:

The Notre Dame Don Bosco Basketball League Web Site, www.nddbbb.org, and hosts the official schedule for each team. **Coaches must check the web site** on a weekly basis to check for any changes to games or game locations. Any schedule changes will be clearly indicated and will be

posted by **Thursday evening preceding** the game. **Locations of all gyms** are listed on the official web site. Attempts will be made to contact coaches should there be changes, but it is the coach's responsibility to check the site and know the latest changes.

15. Purpose of the League:

The purpose of the Notre Dame Don Bosco Grade School Basketball League is to provide a competitive activity with a strong emphasis on sportsmanship and character building. The League promotes competition at a "competitive level". Participation in competitive sports and learning to compete can develop a sense of sacrifice, self-discipline, and extending a total effort, which results in personal achievement, and the building of good character and attitude. Good effort, preparation, and talent may not always lead to a victory but the victory may be in the preparation and the determination factor required prior to playing. The League promotes the concept of "learning to compete" on an equal plane with players of similar talent and interest.

16. Chain of Command: (Note call the League Director at 262 215 2730 if there is a situation. Do not email and wait. Communicate with a heads-up call, and then email.

- a. Coaches are to communicate via their Athletic Directors and not contact League Directors unless instructed to do so, or contacted directly by the league. After consulting with the Athletic Director, League Directors may contact coaches concerning specific issues.
- b. **If a situation arises that may affect the league in any manner, contact Tom Collopy for clarification.**

League Directors:

Tom Collopy: Director. Cell: (262) 215-2730 (H-262 827 9669) emergency email.
tom_collopy@hotmail.com

Jack Fleming: Head of Officials, and Assistant League Director